

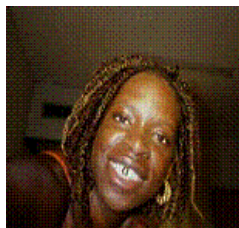


Deaf Parenting UK

DPUK Newsletter

Winter 2012

Issue number: 26



Seasonal Greetings to you all!

I hope 2012 year has been kind to you and 2013 brings you a more positive outlook in whatever you do.

My work at Deaf Parenting UK provided me with many opportunities to come together with parents and colleagues in supporting parents and their families. After reflecting over the years, I wanted to share my thoughts about the provision of support to parents to help them understand their child/ren effectively or be better equipped at parenting. Often running parallel with this are feelings of despair, exhaustion, fearfulness, loneliness and an overall sense of unhappiness.

I believe one of the most compelling messages we send to parents is the need to develop and support their emotional strength on an ongoing basis. Too often we ignore what we need as individuals. Self care enables us to have the energy to deal with difficult relationships, to be patient, positive and happy.

We tell ourselves that our life will be complete when our husband/partner gets his or her act together, when we get a nicer car, are able to go on a nice vacation or perhaps when we retire. Life will always be filled with challenges and that is the honest truth.

Happiness is a journey - this perspective has helped me to see that there is no way to happiness - Happiness is the way! So treasure every moment that you have and treasure it more with your families, friends and love ones!

Best wishes for a festive seasons and have a safe, prosperous New Year!

From all at Deaf Parenting UK

Nicole Campbell
DPUK Coordinator



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DPUK Family Fun Events

I am pleased to announce Deaf Parenting UK has received further funding from Children In Need to run more families events. This project will span over 3 years giving the opportunity for CODA's and their families to be partake in the family fun activities.

Watch this space for forthcoming announcements of Family Fun events postings on our website, Newsletter and via deaf media.

Funded by:



Children in Need

Asif Iqbal, DPUK Ambassador's Update:



2012 at Deaf Parenting UK, we have had some challenges and at the same time, our hard work have paid off, supporting deaf parents and families in need of our services. In addition to DPUK services, we are also delighted that we have succeeded in

some grants from Children in Need, TSB Foundation – both to fund the '**Deaf families Project**' at 4 centres in London; NHS Bristol for '**Deaf Parenting Mentoring project**' and most recently, Office of Disability Issues (ODI) on our NEW project '**DeafParents Connect**' project to expand our work across UK, as well as providing opportunity for more deaf parents to become trainers.

Asif Iqbal appointed as Harrow Arts Centre Ambassador

Harrow Arts Centre is delighted to welcome Asif Iqbal onto their board of Ambassadors, who works with Harrow Arts Centre to engage with local people. The Centre explained the important roles of Ambassadors that Ambassadors make a vital contribution to Harrow Arts Centre's success by helping engage new audiences, through helping to develop the Centre's programme for the future and promoting events and activities in their local communities. The aim of Harrow Arts Centre is to increase general audiences, as well as looking to broaden their engagement within currently under-represented communities.



"I am delighted and honoured to be involved as an Ambassador. This is a fantastic opportunity to influence Harrow Arts Centre to ensure accessibility and visibility among the local communities as the Centre has a great programme of entertainments and activities on offer. It would also be fantastic for local families and community networks to be involved in Harrow Arts Centre. I look forward to lending the Centre my support".

Harrow Asian Deaf Club's Christmas Party on 1st December 2012,

On a cold frosting evening of Saturday 1st December 2012, Harrow Asian Deaf Club were delighted to give their warm welcome to over 210 people to their annual Christmas Party with a difference – Olympic theme was for this year Christmas event.

The Centre was in a warm mood and lovely decorated with Christmassy feel including Christmas lights. Also with the special theme of Olympic, the Centre also had some London Olympics flags on display including London Olympics and Paralympics Games' large Flags held in the main Hall. Everyone were excited that Christmas is now here and to hear the inspiring stories of our two Harrow Deaf residents involved in the Olympic and Paralympics journey. Those two are Ben Lampert, Olympic Torch bearer (HADC Ambassador) and Deepa Shastri, Sign song performer at the Paralympic opening ceremony.

The event kicked off in early afternoon with 30 children (both deaf and hearing) who were actively involved in the children activities with Christmassy theme including colouring Christmas cards and posters, decorating the Christmas baubles to add onto their Christmas Tree.

Everyone really enjoyed themselves and was proud of their creations. The children then had fun musical games of pass the

parcel, musical chairs before being surprised with a visit from Father Christmas, much to their delights! Each child received their gift and had their picture taken with Father Christmas before enjoying a special children Christmas buffet with their parents and then relaxed in the Children's room watching the Christmas movie!

In the evening, we have had special guests joining our Christmas celebration including

Councillor Nizam Ismail the Mayor and Councillor Nana Asante Deputy Mayor who was presented with a bouquet of flower by our Committee member Dikmaya Pun.



We also had the following special guests in attendance including HADC Patron John Purnell, Deputy Lieutenant for Harrow and his wife Margaret Purnell; Councillor Krishna Suresh and his wife Councillor Sasi Suresh; Councillor Mrinal Choudhury and his wife Rama Choudhury; Councillor Kareema Marikar; Councillor Vina Mithani and her husband Mr Mithani; Councillor Graham Henson and his wife Mrs Henson; Councillor Husain Akhtar; and Navin Shah, London Assembly Member.

All of our special guests had to wear special Christmas Santa hat with flashing light bauble to get everyone into the festive spirit! Also, Asif Iqbal, HADC President taught our entire special guests some basic British Sign Language relating to this month Christmassy theme including 'Happy Christmas and Happy New Year'. It was fun for all and everyone enjoyed it very much.

Everyone joined in for the Christmas buffet before the evening event start with a special speech from Councillor Nizam Ismail the Mayor, who opened the event, saying how pleased he was to be here with us all, explained the meaning of Christmas and finally, to make an announcement that HADC was one of the chosen to represent the Harrow's New Year Parade which will take place on 1st January 2013 in Central London.

The evening rounded off with two powerful and inspiring leaders who were involved in the Olympic

and Paralympic Games – Deepa Shastri was the Deaf Sign song performer for the Paralympic opening ceremony and shared her story.

Everyone were enthralled when Deepa explained her background in theatrical and media career and how she was chosen to represent the opening ceremony, the feelings she experienced on the night was very memorable. She explained of how she followed the music with support of BSL interpreter in front of her (out of sight from TV screen) and have had to wait til Great Britain team passed through with massive roar with fireworks of glitters, before she came on stage to sign the song as a tribute to all the athletics.

Then she left the stage and was stunned to walk past Stephen Hawking, another famous person! She summed it up as a very magical and an amazing experience.

Deepa shared her final wisdom: *"I hope this has inspired you to do what you have always wanted to do. Take the plunge, try things out and you'll never know where that may take you! Thank you for watching!"*



On the evening, we found out that Sabaa Azam (11), member of Kaos Choir National Anthem joined us at HADC and managed to give a brief experience of how she was involved in the Kaos Choir and that her group was chosen to perform at the London 2012 Olympics' Opening Ceremony, much to the applauses of the Centre

Then during the break, one of our HADC Member Anita Gulckhorn entertained our audience with Christmas carol in BSL and encouraging all of us to follow her.

Then the final inspiring story came from Ben Lampert who was chosen as Olympic Torch Bearer for Harrow Area. He explained his experience and the preparation leading to the actual event when he ran, holding up the gold torchbearer.

Ben Lampert explained: *"I was so proud to here because I was born in Harrow. Honestly, I was so shocked when I was selected for Olympic Torch bearer. I couldn't believe it as I thought there was no chance of deaf people to be involved in such a mainstream event but glad that I broke through as one of the few deaf people as Torch bearer! I was so excited when*

I ran through, feeling so proud of those moments, everyone watching me, cheering me on, ran with me, taking my pictures and filming of me.



massive round of applauses.

Deepa was presented with a framed certificate and a large bouquet of red and white roses by our HADC Patron John and Margaret Purnell. Deepa was shocked and emotional. Ben was similarly presented by John and Margaret with a framed certificate and a large luxury box of chocolate.

Councillor Graham Henson, Performance, Customer Services and Corporate Services Portfolio Holder who attended HADC for the first time, commented: *"This event is fantastic, I learnt so much."*

Asif Iqbal President of HADC summed up the successful event: *"We were so pleased to see everyone together to celebrate Christmas and to celebrate the successful year 2012 has brought to HADC including the most memorable London 2012 Olympic and Paralympics in the recent Summer."*

Both Ben and Deepa gave us inspirational stories of how they became involved in the Olympic and Paralympic event, much to our surprise and delights. They have clearly demonstrated an excellent role model for us and young generations."

After the amazing speeches from Deepa and Ben, they were asked so many questions from the audiences before given a

Harrow Asian Deaf Club's festive trip to Paris

Harrow Asian Deaf Club has worked hard to organise a Festive trip to Paris with a difference which took place on the weekend of 23rd – 25th November 2012.

After tremendous hard work, it finally paid off with a weekend coach trip to Paris with BSL interpreter provided. This provided us with fantastic opportunity to learn and explore different culture and awareness of what Europe offers us. Paris was chosen for it's destination like no other and this short break give us enough time to really get what we want from our Parisian experience.

The trip started off on an early Friday morning where a coach picked our group from HADC at Bentley Day Centre, Harrow and drove all the way to Dover to catch a ferry to Calais. We enjoyed the ferry as for many of us, it was our first experience on the sea! On arrival to Calais, we continued to travel by coach and arrived at our hotel, Kyriad Hotel Marne – la – Vallee Torcy which was delightful accommodation with continental breakfast provided.

The next day on Saturday, we have had a full day of panoramic tour of Paris include leisurely drive around the main sight of a Paris, where our BSL interpreter were translating the tour's information about each of the places so deaf people have equal access to information in similar way as hearing people access via spoken language audio version.

We also visited the Heart of Princess Diana- a memorable place where accident happened in central Paris. We then continued with our tour through Paris including Montmartre/ Sacre Coeur and visited the Notre Dame Cathedral. We enjoyed a break for lunch and walked around small local shops. We then proceed to a lovely cruise in the River Swine with pleasant warm weather to enjoy the sightseeing. We saw the world renowned Arc de Triomphe, Government Building, President Palace,

Champ Elysees, Eiffel Tower and Les Invalides.

After a busy day, we rounded off the late



afternoon of walking through the Champ Elysees, a famous long street which was filled with rows of Christmas markets and plenty of Christmas lights, much to our delights. The crowd were immense as the market proved to be very popular. We also saw stalls selling variety of Christmas wine; mince pies, French cheeses and many more; and we sampled on some of the foods on offer and couldn't resist bagging some bargains as suitable Christmas gifts. On both side of the market from bottom to top of Champ Elysees, we saw two rows of trees decorated in diamond sparkling white Christmas lights with Father Christmas walking in the street, greeting people everywhere he goes.

We managed to get a closer look at the Arc de Triomphe, took some photos and saw the fire burning in the middle of the Arc, to signify the memories of the contributions to French Soldiers during the war.

Our final day was rounded off with a final tour to Eiffel Towers in the heart of Paris. We went up to the top of the Eiffel tower and panoramic view of Paris city and despite the windy weather, we managed to take photos and complete the sightseeing of our tour of Paris before heading back to Harrow on a late Sunday evening.

Asif Iqbal, President of HADC: *"I am so delighted with such a positive feedback from our group who gained confidence in learning about Paris culture and be part of the European community. What made it more possible was essentially the access to BSL interpreter that enable the group to participate the tour in full without any barriers."*

Feedback from our group members also included:

Mrs Anita Gulckhorn: *"Enjoyed the tour of Paris and engaging in the sights and culture of Paris. The beautiful of Basclica of Sacre-Coeur*

being absorbed in senility of this, not your building. The 'peace' installation made me contemplate things going on in the world. It was very powerful".



Mrs Karen Borland: *"Paris weekend was fantastic and I love to see Eiffel tower sighting and especially my favourite part is the Christmas market with Christmas light. It made me feel so exciting to part of this. A huge thank you very much for HADC in organising the trip, it was so brilliant and fantastic!"*

Geeta & Rakesh Tawakley: *"We are a retired couple, we was amazed to see our trip to Paris with wonderful experience, it made us feel proud to be part of this trip and to learn about Paris through BSL interpreter. It gave us a lot of thought and information was very useful. It*

was good for HADC encouraged everyone to be involved in this trip. We will not forget this trip. So beautiful memory!"

Priti Vinda: *"Brilliant experience and it was lovely to see what Paris looked like and it made me feel want to come back here again especially with the BSL interpreter, who interpreted excellently for our trip."*

Sanjay Khandhia: *"It was a pleasure experiencing Paris with HADC. It has to be the best trip to date! We have laughed and joked and eaten our way round Paris. It*

was fantastic getting to know everyone and we feel more like family than ever. I hope I get to go on many more adventures with HADC!! Thank you all on the trip for making it so fun!!"

Chandrka Paun & Mrudola Khandhia (cousins): *"Stylish Paris easy to find our way. Feel like Christmas as if it was really here, with all the romantic festive lighting. Happy mix of modern and history resulting in a dramatics city!"*

If you have any news, stories or even useful tips to share with other deaf parents, please let us know.

From everyone at Deaf Parenting UK, we wish you a Merry Christmas and a Happy New Year 2013.

Asif



DPUK Board Trustees Wanted

- Are you an experienced parent or have experience working with Deaf Parents/families?
- Do you understand issues that Deaf Parents/families face?
- Are you willing and committed to be a part of something rewarding that would make a difference to Deaf parent's lives?

If YES, we want to hear from you.

DPUK Board Trustee

The DPUK Board Trustee is a group made up of a Working Party consisting of deaf parents, professionals and service providers working together to identify gaps in information and services and find ways to improve access for deaf parents.

Deaf Parenting UK is an exciting and pioneering charity that focuses on the needs of Deaf parents who have deaf/ hearing and disabled children. We have secured funding to expand our work and this is fantastic opportunity to get involved!

Deaf Parenting UK is seeking exciting and passionate Deaf people or professionals working with Deaf People to become Trustee Board Members.

To be a Trustee, you must be responsible for maintaining high standard of professionalism, have good vision, and fostering a positive role model. Enhanced CRB and to undertake safeguarding training are essential.

Interested? Want to know more information:

Please send or email your Curriculum Vitae (CV) together with a covering letter explaining why you want to become a Trustee and email it to info@deafparent.org.uk or post it to:

DPUK Families Project Coordinator
C/o 49 Gordon Square, London
WC1H 0PD

Or fax it to **0871 2643323**



Family Lives' Useful Guidances:



Balancing work and home

Being a parent, managing a job, maintaining a home and having some sort of

social life for yourself means that there are never enough hours in the day.

It's not easy **balancing work** and home but how you manage can make quite a difference to your relationship with your family. There are pros and cons to every option. If you are employed full-time or part-time, you may:

- Have a better standard of living and have fewer money problems.
- Feel pleased you're making a contribution and have more self esteem.
- Have friends and a social life outside the home.

But you may also feel:

- Overwhelmed with too much work and are missing out on family life.
- That you're not there for your kids or your partner.
- Resentful if you feel housework isn't shared equally.
- Feel too tired or busy to enjoy your social life.

There are no 'right' or 'wrong' choices, and your choices will change at different stages in your family's life. If you are in a couple, it may feel easier if one partner stays at home while the other goes out to work or if one is in full-time employment and the other part-time, and for others, both may continue with full-time jobs. If you are a parent managing on your own or sharing parenting with your ex, the choices you have are more limited and you'll have less support in making those choices. Trying to balance work and home life is even more difficult. You may not always feel in control but there are things you can do and think about to help manage the balance between work and home.

(Source: <http://familylives.org.uk/advice/balancing-work-and-home>)

Support when family can't help

It's understandable for a parent to lean on their family and friends for emotional support and practical help with childcare arrangements. We all need extra support and help from our families from time to time. However for many of us being able to turn to our parents, or extended family, is not always an option. Living far away from our parents or siblings, can make us feel isolated and unsure where or who to turn to. The pressure you may feel might be overwhelming and Family Lives can understand this.

We are here to support you and would encourage you to speak to one of our family support workers on [Live Chat](#), [Email Support](#) or our helpline on 0808 800 2222.

Where it isn't possible to speak to your family on a regular basis, it's important to find other ways of seeking support. Parenting organisations are there to offer you support, and the internet as well as local resources such as libraries and community centres can be a good way of finding out about parent-toddler groups, community events, and other activities for parents. You can speak to your Health Visitor or School Nurse to find out if there are groups or parent to parent support in your local community. If you are looking for childcare, speak to your local authority as they would have a list of all registered childcare providers in your area.

(Source: <http://familylives.org.uk/advice/support-when-family-cant-help>)

Making chores fun

Juggling day to day chores along with children is not an easy job, especially

when your weekends are being sacrificed to do domestic tasks for example the shopping or making those flat-pack shelves that have been lying around forever. Is there a way to manage **chores** and children



without having to give up every bit of 'me' time available?

There is one way you can prevent yourself from exhaustion and frustration and that's by getting your children involved in completing chores together. It will save time and will also help build their skills in team work, cooperation, responsibility and self discipline.

When assigning chores to your children it is important to remember their age and development levels. Giving your child a chore that is too easy for them can result in them becoming frustrated and getting bored too easily. This will become de-motivating for the pair of you. Similarly, giving children chores that are just too challenging for them will have the same effect.



Should you be paying your child to complete chores?

You might be thinking to yourself, "Why should I pay my child to do chores, when I have to do them regardless?" You're right to think so, but it's worth remembering that if you give your child an incentive to help you out, you'll probably find they're more willing to help and it also eases a lot off pressure of you.

If you find your child needs extra money, getting them to do chores in exchange is a perfect way of teaching them the value of working for money. Get together and agree a list of what chores you will pay them for and the standard of quality you expect the job to be completed in. This should prevent there being any arguments at a later date over expectations.

Alternatively if you find your budget does not enable you to reward your child for their part in their chores financially, why not come up with another incentive for e.g. a games night or a movie night where they can pick a movie of their choice? Having such an event will also bring the family together and enable you to spend some quality time.

Top tips for getting children under the age of 8:

- Event a game for picking chores – cut strips of paper and then colour in one end with a colour representing a particular chore. When your child picks a strip they can then be in charge of completing that particular chore. Leave one strip uncoloured and this can be a 'no chore' option enticing your children to take part!
- Younger children can help you out with chores by perhaps helping water the plants, dusting or taking off sheets.
- Keep track of progress. Having a simple chart to follow how your children are getting on with their *chores* can build self-esteem, is good for motivation and also maintains a sense of direction. Use gold stars, build a garden by getting your children to stick on a flower each time they've completed a chore. Get creative!

Top tips for getting children aged 8 and above:

- Give children sole responsibility for their chores so that they have a sense of ownership and build up their confidence. Realising that they 'must' complete their own chores will also help their self-discipline.
- When your child finishes their chore a reward is a good way of saying thank you. It doesn't have to be a bribe, but it is good to appreciate the

hard work they have done and it will also help boost their self-esteem.

- Make sure you set an example for your child by completing your own chores on time. Your child will look to you as a role model, and if you don't moan about your chores, they won't either.

(Source: <http://familylives.org.uk/advice/making-chores-fun>)

Holiday fun - cheap or free!

We talked to some parents to find out how they entertain their kids on a budget during the school holidays.

- Find out about local days out - there is a lot out there for you. Check the websites of your local council and tourist information centres, local papers and community centres for what is happening in your area.
- Make a list of your favourite childhood games - old favourites such as hopscotch, putting on a show or marbles won't cost the earth and your children will enjoy you reminiscing!
- In the evenings get the kids to design a game that you can make the next day - give them ideas to keep it simple such as a paper boat race in the paddling pool or homemade skittles using a tennis ball and empty toilet rolls.



It doesn't have to be complicated. Sunny days are great for simple activities like picnics and ball games.

This can be done as close to home as in the back garden!

- Visit your local library and look for adverts of events. Many libraries hold events such as story time, and arts and crafts days.
- For more inspiration look at books on art, cookery and crafts in your local library - it is amazing what you can do with a toilet roll and some sticky back plastic!
- Check to see whether your local council swimming pool offers free entrance in the school holidays.
- Art galleries have kids' days - this could be just the thing to stimulate your child's artistic streak.
- Don't try and fill every minute of every day. Encourage your children's imagination and independence - let them play in their rooms or the garden.

(Source: <http://familylives.org.uk/advice/holiday-fun-cheap-or-free>)

Support from Deaf Parenting UK:

Also don't forget that Deaf Parenting UK's **Deaf Families Project** provide information, advice and support at their 4 families centres.

Also check out our Deaf Parenting UK's Factsheets available online <http://www.deafparent.org.uk/resources/factsheet/> on the following subject:

- [Accidents at Home](#)
- [Challenging Behaviours](#)
- [Child's Rights](#)
- [Child's Safety on Road](#)
- [CODA \(Child of Deaf Adults\)](#)
- [Disciplines for Teenagers](#)
- [Don't Treat Child as Interpreter](#)
- [Stepfamilies](#)

To learn more about DPUK services that we offer, it can be found online on <http://www.deafparent.org.uk/services/services-we-offer/>



Deaf Parenting UK

Parent Mentoring for Deaf Parents in Bristol and Neighbouring Areas



- **What is Parent Mentoring?**
- **Meet other Deaf Parents**
- **Share your experiences**

Want to know more.....come along and find out!



Sun 25 Nov: Becoming a Parent/Valuing Ourselves

Sat 08 Dec: Being Positive with our Children

Sun 06 Jan: Children of Deaf Adults

Sat 02 Feb: Supporting Children aged 5-12

Sun 03 Mar: Joint session with NDCS (tbc)

Sat 23 Mar: Becoming a Mentor

10.00pm-15.00pm

**In future possible the day split to two
different sessions – up to you!**

**St Paul's Children's Centre, Little Bishop Street,
St Pauls, Bristol, BS2 9JF**

Please bring your own Lunch

Contact:

Mary Humphries (Co-ordinator)

Email: mary.humphries@btinternet.com Mobile: 07730 612975

OR

Eva Fielding-Jackson (Facilitator)

Email: hava11554@hotmail.com Mobile: 07527 546354



Deaf Parenting UK

Enabling Confidence, Empowering and Supporting
Deaf Parents & Deaf Parents to be



DPUK Trainers/ Befrienders/ Mentors wanted

Deaf Parenting UK is delighted to have received funding from the Office for Disability Issues, to develop our NEW 3 years **DeafParents Connect** project.

We are looking to find Deaf people who can become **Qualified Parenting Skills Trainers, befrienders or mentors**. This will mean that the DPUK Team can deliver support to many more Deaf parents across the UK. **FREE Training will be provided, starting in Spring 2013.**

To register your interest, please email info@deafparent.org.uk or SMS 07928 842 529 now with your contact details so we can send you more information and an application form.

Registered Charity: 1112453

FREE Workshops for Deaf Parents

Behaviour Management' Workshop

Discussion topics will cover:

Session 1: Monday 18 March 2013

Ways to build positive relationships with your child/ren - ideas, challenges, and sharing experiences.

Session 2: Monday 20 May 2013

Parenting together - including parents who has seperated. Thinking about promoting consistency, different parenting approaches and dealing with disagreements.

Session 3: Monday 16 September 2013

Responding to difficult behaviour - the importance of non-verbal communication, praise and ignoring.

Time: 12.30pm – 2.30pm

Where: Comet Children's Centre
20 Halcomb St,
Hackney,
London, N1 5RF

'Play' Workshop

Why is Play important to children...?

Discussion topic covering:

- **Different Types of play**
- **What children learn from play**
- **What parents can do to help children learn from play**

When: Tuesday 8th January 2013

Time: 12.30pm – 2.30pm

Where: Harmood Children's Centre 1 Forge Place, Off Ferdinand Street, Camden,
London, NW1 8DQ

If you would like to attend or for more information – Please contact:

Sheeza Ali, Deaf Parent Advocate

Email: Sheeza@deafparent.org.uk

SMS: 07783 277 771 (Text message only)

Independent Social Workers/Expert Witness Needed!

Deaf Parenting UK is looking to expand our team of Independent Social Workers/ Expert witness to carry out parenting assessments (especially at Court level /care proceedings) for Deaf Parenting UK.

Good rate of pay and it will be on ad-hoc basis depending on demands.

As an Independent Social Worker, you must be Qualified Social Worker (DipSW or above), GSCC/ HCPC registered and have experiences of:

- Parenting assessments for Deaf children/ Deaf Adults,
- Working with children/ families
- Familiar with the children legislation.
- Must be fluent in BSL and
- fully understand the needs of deaf people and the children of Deaf adults (CODAs).

We have assignments that need Parenting Assessments now/ ASAP.

We also have demands for support for Deaf adults including trainer/ mentor/ befrienders across UK.

If you are interested, please email your CV and contact details to DPUK Coordinator on info@deafparent.org.uk , together with CRB, HCPC registration and if any - preference of area/ availability to take up the work.

Deaf Parenting UK strives to provide excellent and good quality services. To learn more about our work and the services we provides, go to www.deafparent.org.uk

DPUK Parent Support Group **Diary Dates for 2013**

Are you a Deaf Parent/ Deaf Parent to be?

Want to meet in a family friendly environment?

Want to receive information, support and advice on parenting?

Why not come along and find out what it is all about?



Camden Locality

Time: 12.30-2.30

When:

- Tuesday 8th January
- Tuesday 12th February
- Tuesday 12th March

Where: Harmood Children Centre, 1 Forge Place, Off Ferdinand Street NW1 8DQ

Hackney Locality

Time: 12.30pm- 2.30pm

When:

- Monday 21st January
- Monday 18th February
- Monday 18th March
- Monday 15th April

Where: Comet Children Centre, 20 Halcomb Street, Hackney N1 5RF

Newham Locality

Time: 10.00 – 11.30

When:

- Friday 18th January
- Friday 15th February
- Friday 15th March

Where: Abbey Lane Children Centre, 1 Abbey Lane, Stratford E15 2SD

Hammersmith & Fulham Locality

Time: 1 – 3pm

When:

-
- Monday 14th January
- Monday 11th February
- Monday 11th March

Where: Masbro Brook Green Family Centre
49 Brook Green, London, W6 7BJ



To learn more about Deaf Families Project at those 4 Centres, please contact us on :

[**info@deafparent.org.uk**](mailto:info@deafparent.org.uk)



Croydon Deaf Parents Group



If you are a deaf parent with children aged 0- 4 years

Or

A hearing parent with deaf children aged 0 - 4 years



Please join us on
alternate Tuesdays
10.00 - midday

For details:

EMAIL: chancock3.306@lgflmail.org

TELEPHONE: 0208 660 5639

PURLEY NURSERY SCHOOL AND
CHILDREN'S CENTRE

58 PAMPI SFORD ROAD, CR8 2NE.
(ENTRANCE VIA CHRISTCHURCH
ROAD, ENTRY INTO COMMUNITY
ROOM THROUGH THE BLUE GATE)



'Deaf Parents in Touch'

A monthly group for Deaf Parents to meet other local Mums and Dads!

Do you have children
age 0 - 16 years?

Why not come along & share your experience.
Children under 5 years welcome

Where?

Deaf Access Community House South Street Bromley BR1 1RH

For more information, please contact Deaf Access:

Tel: 0208 315 2550

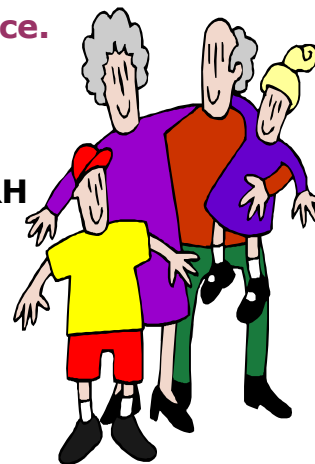
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Email: information@deaf-access.co.uk

(Funded by Deaf Access)



Gange Children's Centre



SEE ME HEAR



For deaf parents with hearing children
Sing songs

Sensory experiences

Sounds and noises

Share a sign

Shared focus activities

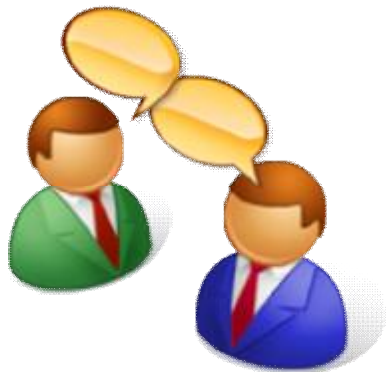
When: Fridays 1.30pm – 3.00pm

Where: Elmgrove Children's Centre

Who: Karen Rose

Contact: Karen.rose@harrow.gov.uk

68 Canning Road, Wealdstone, HA3 7SN



staying in Touch

If you would like to submit an advert or a feature relating to parenting in the DPUK Newsletter, please contact the DPUK Project Manager for details:

email: info@deafparent.org.uk



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